

SSAO ENZYME SUBSTRATES FOR VASORELAXATION, AND METHODS OF USE  
THEREOF

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Technical Field

Aspects of the invention relate to amine-containing compounds that are vasorelaxants, and methods of making and using the same.

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Background

Enzymes are biological molecules found in the body that catalyze chemical reactions so that a first chemical, termed a substrate, is chemically reacted to form other chemicals termed products. The substrates for a particular enzyme have common chemical features that allow the substrate to be processed by the enzyme.

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The semicarbazide-sensitive amine oxidase (SSAO) enzyme is present in many tissues in the body, including the aorta, and other blood vessels. Many substrates for the SSAO enzyme are small molecules that are recognizable by their low molecular weight and the presence of a primary amine, which is a chemical group having the structure -NH<sub>2</sub>.

The products of the SSAO enzyme have historically been thought to cause injuries to blood vessels and to be involved in vascular diseases such as atherosclerosis and diabetes (3, 5, 6, 19, 22, 27, 43, 49, 50, 52, 53). Indeed, it has even been suggested that blocking SSAO enzymes would be beneficial for human health (17,19,51,53).

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### Summary of the Invention

The inventor has discovered, contrary to suggestions in the literature, that SSAO substrates can be used without toxic effect as vasorelaxants have therapeutic uses. These SSAO substrates are converted by SSAO into products that, in turn, cause vasorelaxation. Vasorelaxation is helpful for treating various diseases and conditions, including vasospasm and high blood pressure (hypertension). Examples of SSAO substrates include methylamine, benzylamine, and compounds having the formula  $R-NH_2$ , where R is a hydrocarbon group (allyl or aryl) having about 12 or fewer carbons.

Further, vasorelaxation mediated by SSAO enzymes may be used to treat vasospasm, including those observed in surgical treatments wherein a donor blood vessel is to be implanted into a patient. The donor blood vessels can undergo a spasmodic contraction during the bypass procedures that can cause dangerous complications. But SSAO enzyme-mediated vasorelaxation can be used to relax the blood vessels prophylactically so as to avoid vasospasms. For example, the donor blood vessels can be bathed in solutions that have SSAO substrates so that the SSAO enzymes can cause vasorelaxation.

An embodiment of the invention relates to a method of processing a blood vessel that involves preparing a blood vessel for implantation in a patient and exposing the blood vessel to a physiological solution that comprises an exogenous substrate for an SSAO enzyme. Another

embodiment relates to a composition having an in vitro blood vessel, a physiologically acceptable solution that includes a physiologically acceptable concentration of an exogenous buffer that provides a physiological pH, and a concentration of an exogenous substrate for an SSAO enzyme, wherein the concentration of the exogenous substrate relates to at least great  
5 enough to relax a blood vessel exposed to the solution. Another embodiment relates to a medicament comprising a purified exogenous substrate for an SSAO enzyme and a pharmaceutical carrier. Examples of SSAO substrates include methylamine, benzylamine, and equivalents thereof. Another embodiment is a medicament comprising a purified exogenous substrate for an SSAO enzyme and a pharmaceutical carrier. Another embodiment is a kit for  
10 treating a patient, the kit comprising a medicament containing an SSAO substrate and instructions for use of the medicament.

#### Description of the Figures

Figure 1 is a plot of data as discussed in the Examples showing that methylamine (MA)  
15 produced vessel specific responses in human blood vessels. A) Quantification of maximum MA-induced responses showed MA predominately relaxed LIMA (LIMA-; n=35), but produced a notable biphasic response, contraction first (+) followed by relaxation (-), in both RA (n=9) and RSV (n=21) although the relaxation in RA was significantly greater than that in RSV. B)  
Typical methylamine (MA, 1-1,000  $\mu\text{mol/L}$ ) cumulative concentration response curves (CRC) in  
20 norepinephrine-precontracted (NE, 1  $\mu\text{mol/L}$ ) isolated human blood vessels (left internal mammary artery, LIMA; radial artery, RA; right saphenous vein, RSV) from one patient. C) MA responses were plotted as percentage of the maximal response to determine the sensitivity of vessels to MA. The apparent effective concentration producing 50% response (apparent  $\text{EC}_{50}$ )

was determined from CRC for both the MA-induced contractions (+) and relaxations (-) observed in NE-precontracted vessels. Values = means $\pm$ SE. n = number of vessels. \* or † = significant difference from other vessels of same category (i.e., + or -).

Figure 2 is a plot of data as discussed in the Examples showing representative tracings of methylamine (MA, 1 mmol/L, 10 min) effects on norepinephrine-induced contractions (NE, 1  $\mu$ mol/L) in left internal mammary artery (LIMA). Methylamine exposure occurred as a pre- or post-treatment to NE contraction. Occasionally, methylamine pretreatment slightly reduced baseline tension.

Figure 3 is a plot of data as discussed in the Examples, wherein A) Representative tracings of responses of control and semicarbazide-pretreated (SEMI, 1 mmol/L, >15 min) isolated left internal mammary artery (LIMA) rings from one patient to norepinephrine (NE, 1  $\mu$ mol/L), methylamine (MA, 1 mmol/L, 10 min), and acetylcholine (ACh, 1  $\mu$ mol/L). B) SEMI significantly blocked methylamine-induced relaxation but had no effect on NE contraction and ACh relaxation in LIMA rings (n=8-9). Values = means $\pm$ SE and are presented as a percentage of the control NE-induced contractions. n = number of vessels. \* = significant difference with methylamine control.

Figure 4 is a plot of data as discussed in the Examples showing the relationships between methylamine-induced relaxation (MA, 1 mmol/L, 10 min), acetylcholine-induced relaxation (ACh, 1  $\mu$ mol/L), and age in isolated norepinephrine-precontracted (NE, 1  $\mu$ mol/L) left internal mammary artery (LIMA; n=20) were investigated. A) The percentage methylamine-induced relaxation was not correlated with the percentage ACh-induced relaxation ( $R^2 = 0.0001$ ) or patient age, although ACh-relaxation and patient age were significantly correlated ( $R^2 = 0.23$ ;  $P=0.014$ ). B) LIMA were pretreated with the nitric oxide synthase inhibitor, L-nitroarginine

methylester (LNAME, 200  $\mu$ mol/L, 20 min), indomethacin (INDO, 100  $\mu$ M, 20 min), or LNAME+INDO. LNAME pretreatment significantly reduced ACh-induced relaxation in a subset of LIMA (n=9) with strong ACh-induced relaxations (ACh Control;  $\geq 15\%$  relaxation; ACh+) but had no effect on methylamine-induced relaxation (MA+LNAME). Values = means $\pm$ SE. n = number of vessels. \* = significantly different from all other treatments.

Figure 5 is a plot of data as discussed in the Examples A) Semicarbazide-sensitive amine oxidase (SSAO) activity was similar between the homogenized human blood vessels (left internal mammary artery, LIMA, n=26; radial artery, RA, n=12; right saphenous vein, RSV, n=5). B) SSAO activity in human blood vessels was not correlated with the age of the patient ( $R^2=0.0002$ ). C) Semicarbazide (SEMI) inhibition of SSAO activity in homogenized human LIMA (n=26), RA (n=12), and RSV (n=5) was concentration-dependent, yet no differences between vessels in the SEMI concentrations producing 50% inhibition ( $IC_{50}$ ) were detected. Blood vessel homogenates were preincubated with SEMI (1, 10, 100, and 1,000  $\mu$ mol/L; 20 min) and assayed at 37 °C. Values = means $\pm$ SE and are presented as a percentage of control vessel SSAO activity (i.e., without SEMI). n = number of vessels.

Figure 6 is a schematic diagram depicting an embodiment of an isolated blood vessel in an *in vitro* solution of an SSAO substrate.

### Detailed Description of the Invention

The invention provides compositions and methods for relaxing blood vessels, including *in vitro* during medical procedures and *in vivo* as a medication, e.g., for blood pressure regulation. Semicarbazide-sensitive amine oxidase (SSAO) substrates may be used to relax a blood vessel. The SSAO enzymes naturally present in the blood vessel catalyze the reaction of

the SSAO substrate to form metabolites that relax the blood vessel, or maintain it in a relaxed state. For example, a blood vessel taken from a patient for reimplantation into the patient as a heart bypass blood vessel may be exposed in vitro to a solution of an SSAO substrate. Consequently, the blood vessel stays relaxed and does not spasm so that the vessel may  
5 successfully be used for the bypass. And, for example, a medicament that comprises an SSAO substrate may be administered to a patient. As a result, a patient's blood pressure is reduced. Another embodiment is an SSAO substrate formed into a composition for exposure to a blood vessel to thereby mediate relaxation; for example, such a composition could be made available through a scientific reagent supply company catalog. Another embodiment is a composition that  
10 contains exogenous SSAO substrate that may be administered in vitro or to a patient.

Exposing a blood vessel to an exogenous SSAO enzyme substrate allows the substrate to interact with SSAO endogenous to the blood vessel and be converted into SSAO products, which include metabolites that cause relaxation of the blood vessel. When a blood vessel is placed into a solution of SSAO substrates, the substrates continuously diffuse into the blood vessel and react  
15 with the endogenous SSAO enzyme so that a continuous output of relaxing metabolites is maintained. SSAO substrates spread through the three dimensional structure of the blood vessel react with the enzyme to produce metabolites throughout the blood vessel. Moreover, SSAO enzymes are present in the smooth-muscle containing portions of some major blood vessels so that the SSAO metabolites are delivered directly to smooth muscle cells for desired relaxation  
20 effects. In contrast, a metabolite added directly to a solution holding the blood vessel may not penetrate deep into the three dimensional structure of the vessel if the metabolite has a short half-

life in the solution relative to the time needed to diffuse into the vessel, e.g.,  $H_2O_2$ . Or, a superficially introduced SSAO substrate may be consumed at outer tissue layers before it could penetrate into smooth-muscle cell containing layers.

It is conventionally thought that methylamine and SSAO enzyme activity contributes to cardiovascular disease, e.g., in human diabetics. The inventor had previously established that one of the substrates for SSAO enzyme is methylamine (MA), which has the structure  $CH_3NH_2$  (54), and had also suggested that methylamine might be toxic (55). To further investigate the role of SSAO substrates, a number of additional studies were undertaken, which are described herein. Surprisingly, it was discovered that SSAO enzymatic activity and its products beneficially cause relaxation of blood vessels, so that SSAO substrates or products can be used as therapeutics to mediate these effects.

These results were generated using several experimental studies. Some of the studies measured the acute vasoactive effects of methylamine in isolated human blood vessels used for coronary artery bypass grafts, (CABG), including these blood vessels: the left internal mammary artery (LIMA); the radial artery (RA); and the right saphenous vein (RSV). Another set of studies demonstrated that methylamine's vasoactive effects were dependent on SSAO activity; using the SSAO inhibitor semicarbazide. Further studies determined the effects of methylamine metabolites formaldehyde and hydrogen peroxide in LIMA and RSV. Another set of studies tested whether the methylamine response was nitric oxide-, prostaglandin-, or hyperpolarization-dependent. Other studies herein quantified the LIMA and RSV cGMP levels following methylamine exposure. Additional experiments quantified SSAO activity in LIMA, RA, and RSV. The SSAO enzyme-mediated relaxation was robust, repeatable, reversible, and dependent

on SSAO enzyme activity. Relaxations were not correlated with patient age or endothelium function. These data show that SSAO-induced vascular effects are dependent upon vascular SSAO-generated activity and, therefore, dependent on one or more of SSAO products.

A conventionally accepted hypothesis states that chronic methylamine (MA) exposure  
5 induces vascular injury and promotes vascular disease, including atherosclerosis, in humans *via* SSAO mediated metabolism of methylamine to injurious metabolites: formaldehyde, hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), and ammonia (NH<sub>3</sub>) (19,50,52,53). Scientists who have performed clinical and experimental studies have supported such a relationship. Altered plasma methylamine levels, methylamine excretion, and elevated plasma SSAO activity are present in human diseases  
10 associated with chronic vascular pathology (e.g., diabetes mellitus, uremia; 3,5,6,27,49; see reviews 19,53). In the case of Type I diabetes, SSAO plasma levels increase at the onset of disease (6) and plasma SSAO activity positively correlates with the amount of glycosylated hemoglobin, an indicator of the severity of complications in human diabetics (5,43). Similarly, plasma SSAO activity is elevated within 2 weeks following streptozotocin-induced diabetes in  
15 rats (22). Thus, conventional understandings link methylamine levels and SSAO activity to the development of vascular pathology in diabetic humans, and recently the suggestion has been made that therapeutic inhibition of SSAO could slow the progression of vascular disease (17,19,51,53).

Methylamine is a common primary amine derived from a multitude of sources, and is  
20 preferentially metabolized by SSAO in comparison with other amine oxidases (16,33,47). Methylamine is both an exogenous (present in cigarette smoke and wine and foods) and an endogenous amine, and it is a metabolic end product of diverse compounds including epinephrine, carbamate insecticides, creatine, nicotine, and sarcosine (35,38,48). Methylamine



metabolism in rats and humans appears to be due largely to SSAO activity (16,34). For example, excretion is elevated in rats following the administration of SSAO inhibitors (34), and in humans following consumption of creatinine, certain fish and seafood, and some fruits and vegetables (38). Moreover, methylamine is metabolized by vascular homogenates, including rat aorta and  
5 human umbilical artery, to formaldehyde (9,39). Finally, SSAO inhibitors prevent toxicity in cultured endothelial cells (47). Thus, present evidence supports the concept that methylamine, whether exogenous or endogenous, is converted to metabolites, formaldehyde and H<sub>2</sub>O<sub>2</sub>, by endogenous SSAO activity.

The plasma and tissue forms of the SSAO (e.g., EC 1.4.3.6) enzymes are distinct from  
10 the monoamine oxidases (MAO), diamine oxidases, and polyamine oxidases (33). The copper-containing SSAOs share common features including insensitivity to MAO inhibitors (e.g., clorgyline, deprenyl), preference for aliphatic amines and the aromatic benzylamine, and inhibition by carbonyl-containing compounds, such as semicarbazide, for which the most current name is derived (33,47). SSAO activity is present in all mammalian cardiovascular tissues  
15 tested, including plasma/serum, aorta, and heart with the most concentrated SSAO activity present in the mammalian aorta, including human and rat (11,13,14,32,33,37,39,44). This high level of SSAO activity in the cardiovascular tissues implies functionality, although a specific function for the SSAO enzyme has yet to be conventionally established (8,33,53).

The vascular effects of methylamine were studied in isolated human blood vessels, as  
20 reported herein. It has been discovered that SSAO enzymatic activity and SSAO-produced metabolites beneficially cause relaxation of blood vessels, so that SSAO substrates or products can be used to mediate these effects.

Several of the findings herein are contrary to the conventionally understood role of methylamine as a potential vascular toxicant in humans. One finding herein is that a prominent effect of an SSAO substrate such as methylamine in isolated human blood vessels is a generally robust yet benign relaxation. This relaxation, highly expressed in LIMA, is dependent on vascular SSAO activity, and significantly, is reversible and repeatable. It is quite distinct from the SSAO-dependent, yet quite injurious, actions of allylamine, a well-known cardiovascular toxicant, or the  $\alpha$ ,  $\beta$ -unsaturated aldehyde, acrolein, in isolated rat thoracic aorta, rat coronary arteries, and human blood vessels where both agents produce vasospasm in rat coronary arteries. The findings reported herein surprisingly show that methylamine may be a source of vasoactive signaling molecules *via* vascular SSAO activity.

In the present study, methylamine at 1-1,000  $\mu$ M had no observable adverse effects in isolated human blood vessels. However, it is clear that very high methylamine exposure can be lethal in humans. As a result of an accidental spill of purified liquid methylamine, 35 Chinese persons of 7-71 years of age and nearly equal male/female distribution were hospitalized 7-8 hours post-exposure with 6 resulting fatalities (46). Overt toxicity in these patients included significant cardiovascular symptoms including tachycardia and unmeasurable (low) blood pressure and pulse. These symptoms are consistent with severe systemic hypotension, accompanied by reflex tachycardia, declining cerebral perfusion, and ultimate coma (10 of 35 people suffered light to deep coma). Based on the findings herein, and in light of the widespread presence of SSAO enzyme in human conductance and resistance blood vessels, it can be understood that the systemic, high-level dose of methylamine caused prolonged and robust blood vessel relaxation that caused severe hypotension, as indicated by the observations of severe low blood pressure and tachycardia, see also 11, 14, 23, 32, 39.

With the exception of the unusual circumstances of this accident in China, a toxic-level dose of methylamine in humans is unlikely. Although methylamine is present in a variety of common exogenous sources, including wine, cigarette smoke, and as a metabolite of nicotine (12), it is unlikely that one could reach acute toxic doses by these paths (35, 38, 48), since  
5 estimated normal human plasma methylamine concentration is less than about 1-5 $\mu$ mol/L, and in uremic human plasma methylamine concentration is about 10-20  $\mu$ mol/L (3, 45). Some red wines possess up to 5 mg/l methylamine (35) which could elevate plasma methylamine levels by about 30 $\mu$ mol/L in a 70-kg male assuming consumption of 1 liter of wine and 100% absorption.

It has been suggested that treatment of human diabetics with an SSAO inhibitor, such as  
10 aminoguanidine, may provide vascular protection by inhibiting SSAO activity, diminishing amine metabolism, subsequent aldehyde and adduct formation, and reducing advanced glycation end products (AGEs) (17, 20, 37, 48). However, it is unclear how a SSAO inhibitor would affect the variety of cardiovascular and non-cardiovascular pools of SSAO activity including adipose and G.I. tract smooth muscle where the function of SSAO also remains undetermined (18). For  
15 example, the recent identification of the SSAO protein homolog, vascular adhesion protein-1 (VAP-1) expressed in endothelial and vascular smooth muscle cells is involved in lymphocyte binding (26, 41). While previous studies detect little to no SSAO activity in endothelial cell cultures (50), purified human and bovine brain microvessels possess concentrated SSAO activity with relatively high affinity for methylamine (11). Thus, without being bound to a particular  
20 hypothesis, endothelial cell VAP-1 may contribute to overall vascular SSAO enzymatic activity and/or to non-enzymatic functions associated with amine binding. Moreover, there are no specific inhibitors for each tissue-specific pool of SSAO activity (17, 37). Furthermore, the

effects of SSAO inhibition or overexpression in developing rats are detrimental to vascular tissue (19, 29) and remain unknown in the adult, although treatment of Parkinson's patients with carbidopa or hydralazine SSAO inhibitors, may indicate limited effects in adults (see 19, 53).

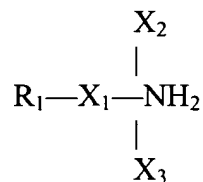
SSAO substrates must have specific chemical and structural motifs to function as an SSAO enzyme substrate. SSAO, like other enzymes, interacts only with chemicals having appropriate chemical or structural motifs. A chemical can readily be tested to determine if it is an SSAO substrate using techniques known to those of ordinary skill, e.g., as demonstrated in the Examples herein, or as in Yu (1990) (47).

Methylamine, which has the formula  $\text{CH}_3\text{NH}_2$ , is an SSAO substrate. A variety of compounds are known to be substrates for SSAO, for example as set forth in Yu (1990) (47). Many of the motifs for SSAO can be predicted based on analogy to the specific chemicals that are known to be SSAO substrates. Medicinal chemistry techniques and tools known to persons of ordinary skill can be used to suggest variations of known substrates and to predict new substrates that are reasonably expected to have structures that function as SSAO substrates. Moreover, embodiments include compounds that are processed by SSAO enzymes to produce at least one of the metabolites that methylamine produces when methylamine is metabolized by SSAO, e.g.,  $\text{H}_2\text{O}_2$ , formaldehyde.

Certain substrates can therefore be described as having a formula of  $\text{R}_1\text{—X}_1\text{—NH}_2$ , wherein  $\text{R}_1$  is chosen from a group consisting of  $\text{NH}_2$ , H, OH, and COOH, and wherein  $\text{X}_1$  is an alkyl having between one and twelve carbons,  $\text{X}_1$  is a  $\text{C}_6$  aromatic ring, or  $\text{X}_1$  comprises a single  $\text{C}_6$  aromatic ring and further comprises between one and eleven alkyl carbons. For example,  $\text{X}_1$

may be CH<sub>2</sub>. Or, for example, X<sub>1</sub> may be CH<sub>2</sub>, and R<sub>1</sub> may be H, whereby the substrate has the formula CH<sub>3</sub>NH<sub>2</sub>. Or, for example, X<sub>1</sub> may include a C<sub>6</sub> aromatic ring. Or, for example, X<sub>1</sub> may include a C<sub>6</sub> aromatic ring while R<sub>1</sub> is H.

Certain SSAO substrates may be described by the formula



wherein R<sub>1</sub> is NH<sub>2</sub>, H, OH, or COOH; wherein X<sub>2</sub> is NH<sub>2</sub>, H, OH, COOH, or an alkyl having between one and three carbons; wherein X<sub>3</sub> is NH<sub>2</sub>, H, OH, COOH, or an alkyl having between one and three carbons; and wherein X<sub>1</sub> is an alkyl having between one and twelve carbons, or X<sub>1</sub> is a C<sub>6</sub> aromatic ring, or X<sub>1</sub> includes a single C<sub>6</sub> aromatic ring and further includes between one and eleven alkyl carbons.

Moreover, the metabolite produced by an SSAO enzyme and a particular SSAO substrate can be readily determined using techniques known to those of ordinary skill in these arts. Another embodiment relates to a solution, medicament, or composition of an SSAO substrate that produces H<sub>2</sub>O<sub>2</sub> in the presence of an SSAO enzyme, e.g., an SSAO enzyme found in a blood vessel tissue.

Another embodiment relates to a solution of an exogenous SSAO substrate that contacts a blood vessel taken from a patient. The solution has a concentration of exogenous SSAO substrate that is sufficient to cause relaxation or to prophylactically maintain relaxation of the vessel. Exogenous refers to a material that is not naturally present. For example, a blood vessel naturally contains some SSAO substrate; this naturally present substrate is not exogenous. Another embodiment relates to a solution an exogenous SSAO substrate present at a

concentration in the range of about 0.01 to about 1000 millimolar, or any concentration or range therebetween, for example, from 0.01 to 100 millimolar, and from 0.1 to 10 millimolar. A person of ordinary skill in the art will recognize that additional ranges of concentrations are contemplated and are within the present disclosure. Many examples of SSAO substrates are provided herein.

Certain embodiments relate to the administration of an SSAO substrate, e.g., methylamine, to a patient, e.g., a human, for a therapeutic purpose, e.g., to lower blood pressure. Examples of doses are, e.g., 10-10,000 mg/kg, at least 10 mg/kg, and less than 10,000 mg/kg. A person of ordinary skill in these arts will realize that all ranges and values within the range specifically set forth are contemplated and included herein, e.g., 10-100 mg/kg, at least 20 mg/kg, and less than 1,000 mg/kg. Moreover, values outside of the explicitly stated range are also contemplated.

Administration of such substrate(s) for lowering blood pressure may be adapted to the particular medical condition that is being addressed. For example, chronic high blood pressure may require long-term dosage regimens. Transient high blood pressure, on the other hand, could be treated with a short-term dosage regimen. Moreover, such substrate(s) may generally be used in combination with conventional medications for treating blood pressure.

An SSAO substrate may be combined with other SSAO substrates. Since some substrates have faster reaction times than others, or have different half-lives in solution or in a patient, there may be advantages in making certain combinations. For example, methylamine can be combined with other SSAO substrates in a solution or medicament. Certain embodiments include at least one SSAO substrate combined with a metabolic product of the

SSAO process. An advantage of such a combination would be to achieve an immediate effect through the metabolite and a longer term effect through the SSAO substrate. An example of an SSAO metabolite is  $H_2O_2$ .

An SSAO substrate may also be combined with conventionally used relaxants. The  
5 SSAO substrate could produce longer term relaxation, affect smooth muscle cells more directly, or complement other metabolic pathways. An example of a conventional relaxant is papaverine, which is used to treat vasospasms of excised vessels in vitro. Other conventional relaxants are blood pressure medications, e.g., diuretics, beta-blockers, ace inhibitors, angiotensin antagonists, calcium channel blockers, alpha-blockers, alpha-beta-blockers, nervous system inhibitors, and  
10 vasodilators. Specific high blood pressure drugs are known, e.g., alphas-methyl-dopa, clonidine, doxazosin, guanabenz, guanadrel, guanethedine, guanfacine, hydralazine, mecamlamine, minoxidil, phenoxybenzamine, prazosin, reserpine, and terazosin. Any SSAO substrate, conventional relaxant, and metabolite described herein may be combined in any combination.

The exposure time that results in a desired level of relaxation of a blood vessel in contact  
15 with an SSAO substrate may vary according to the concentration of the exogenous substrate and its chemical composition. Some SSAO substrates are catalyzed more quickly than others. The time to achieve desired effects can be determined by following testing protocols described in the examples or by other means known to those skilled in these arts after reading this disclosure. Many working embodiments, however, can be expected to have an exposure time for initial  
20 visual observation of vascular relaxation of between about one minute and about 15 minutes. Embodiments include exposing a blood vessel to an exogenous SSAO substrate for at least about one minute, including at least about 2, about 5, about 10, about 15, about 30 or about 60 minutes. Since a blood vessel typically comprises living cells that are optimally exposed to in vitro

conditions for a limited time, a maximum time can reasonably be planned for many  
embodiments. A blood vessel in vitro refers to a blood vessel that has been separated from a  
patient and is not been reimplanted. Thus, some embodiments include exposing a blood vessel  
to an exogenous SSAO substrate for a time that ranges from about 1 minute to about 300 minutes  
5 and all ranges therebetween, e.g., from about 5 to about 60 minutes, and from about 15 to about  
90 minutes. A person of ordinary skill in the art will recognize that additional ranges of  
exposure times are contemplated and are within the present disclosure.

Another embodiment relates to a composition that comprises an exogenous SSAO  
enzyme. The composition may be used in vitro, e.g., with blood vessels, or administered to a  
10 patient. The composition may include other embodiments as described herein, or combinations  
thereof, e.g., SSAO substrates, conventional relaxants, and pharmaceutical carriers. The  
exogenous SSAO enzyme for humans is reported in Moldes et al., J. Biol. Chem. 274:9515-9523  
(1999). Exogenous SSAO enzymes include all human and mammal SSAO enzymes and  
alternative forms of the enzyme that have similar functionality, including portions, active  
15 sequences, natural mutants, and human-engineered variants. Examples of dosages for a human  
are from 1 to 100 mg/kg; a person of ordinary skill in these arts will recognize that all possible  
values and ranges therebetween are contemplated, as well as other doses outside the explicitly  
stated range. See also Kumar et al., J Toxicol Sci. 14:105-14. (1989).

Another embodiment relates to a physiologically acceptable solution of an SSAO  
20 substrate. Physiologically acceptable solutions have an osmolarity and pH that are compatible  
with blood vessels, and preferably have a pH of between about 7.0 and about 7.8 and an  
osmolarity of between about 280 and about 350 milliOsmoles. Alternatively, other pH and  
osmolarities may be suitable, and may vary according to the particular solution or application,



and the length of exposure to the solution. Some embodiments have a pH in the range of about 6 to about 8, e.g., from 6.3 to 7.8, and from 6.7 to 7.6. Such solutions may be buffered with a biocompatible buffer having a buffering capacity within the about 7 to about 7.8 range, e.g., phosphates, and bicarbonates. A variety of physiologically acceptable solutions are  
5 commercially available.

Certain embodiments are related to medicaments. Medicaments are compositions that are pharmaceutically acceptable and contain active ingredients and controlled amounts and types of other ingredients, with the exception of trace impurities. Thus a medicament has a known composition. A medicament is therefore distinguishable from naturally-occurring compounds  
10 and substances such as wine that are not fully characterized. The phrase pharmaceutically acceptable refers to those compounds, materials, compositions, and/or dosage forms which are, within the scope of sound medical judgment, suitable for use for consumption by human beings, or being in contact with the tissues of human beings and animals without excessive toxicity, irritation, allergic response, or other problem or complication, commensurate with a reasonable  
15 benefit/risk ratio.

Embodiments of compounds set forth herein may also be prepared as pharmaceutically acceptable salts. The phrase pharmaceutically acceptable salts refers to derivatives of the disclosed compounds wherein the parent compound is modified by making acid or base salts thereof. Examples of pharmaceutically acceptable salts include, but are not limited to, mineral or  
20 organic acid salts of basic residues such as amines; alkali or organic salts of acidic residues such as carboxylic acids.

Lists of suitable carriers, excipients, and salts are found in, for example: Remington: The Science and Practice of Pharmacy, 18th ed., by Alfonso R. Gennaro, Mack Publishing Company,

Easton, Pa., 1990; Pharmaceutical Dosage Forms and Drug Delivery Systems, by Ansel, Popovich and Allen Jr., Lippincott Williams & Wilkins Publishers; 7th edition (July 2004); and Handbook of Pharmaceutical Excipients by Arthur H. Kibbe (Editor), Ainley Wade, Paul J. Weller, 3rd edition (January 15, 2000); the disclosures of which are hereby incorporated by  
5 reference.

An embodiment relates to a biologically acceptable composition comprising an SSAO substrate. The composition may be, for example, mixed in a biologically acceptable carrier suitable for administration to a blood vessel. For example, a known amount of the SSAO substrate may be contained in the biologically acceptable composition. A medicament is an  
10 example of a biologically acceptable composition. Moreover, a pharmaceutically acceptable composition is also a biologically acceptable composition. Embodiments include adding a biologically acceptable composition of an SSAO substrate to an in vitro container. For example, Figure 6 depicts a system 100 for relaxing a blood vessel 102 that includes container 104 having a physiological solution of SSAO substrates 106.

15 An embodiment includes preparing a pharmaceutically acceptable medicament that comprises an SSAO substrate. Another embodiment relates to a medicament with a therapeutically-effective amount of an SSAO substrate. Another embodiment relates to an SSAO substrate formulated together with one or more pharmaceutically acceptable carriers (additives) and/or diluents. As described, below, Another embodiment relates to a  
20 pharmaceutical composition formulated for administration in solid or liquid form, including those structured for: (1) oral administration, e.g., drenches (aqueous or non-aqueous solutions or suspensions), tablets, boluses, powders, granules, pastes; (2) parenteral administration, e.g., by subcutaneous, intramuscular or intravenous injection, for example, in a sterile solution or

suspension; (3) topical application, e.g., as a cream, ointment or spray applied to the skin; or (4) intravaginally or intarectally, e.g., as a pessary, cream or foam. Also, for example, an aerosol, mist, atomizing solution, surgical glue, medical tape, or patch may be used as a medicament with other embodiments disclosed herein.

5           The phrase pharmaceutically acceptable refers to compositions which, within the scope of sound medical judgment, are suitable for use in contact with the tissues of human beings and animals without excessive toxicity, irritation, allergic response, or other problem or complication, commensurate with a reasonable benefit/risk ratio. A pharmaceutically-acceptable carrier refers to a pharmaceutically-acceptable material, composition or vehicle, such as a liquid  
10 or solid filler, diluent, excipient, solvent or encapsulating material, involved in carrying or transporting the subject compound from one organ, or portion of the body, to another organ, or portion of the body. Examples of materials which can serve as pharmaceutically-acceptable carriers include: sugars, starches, cellulose, malt; gelatin; talc; excipients, such as cocoa butter and suppository waxes; oils, glycols, such as propylene glycol; polyols, polyethylene glycol,  
15 esters, such as ethyl oleate and ethyl laurate; agar; buffering agents, alginic acid; pyrogen-free water, isotonic saline; Ringer's solution; phosphate buffer solutions; and other non-toxic compatible substances employed in pharmaceutical formulations.

Wetting agents, emulsifiers and lubricants, such as sodium lauryl sulfate and magnesium stearate, as well as coloring agents, release agents, coating agents, sweetening, flavoring and  
20 perfuming agents, preservatives and antioxidants can also be present in the compositions.

Methods of preparing these formulations or compositions include the step of bringing into association a composition as described herein with the carrier and, optionally, one or more accessory ingredients. In general, the formulations are prepared by uniformly and intimately

bringing into association a compound of the present invention with liquid carriers, or finely divided solid carriers, or both, and then, if necessary, shaping the product. Formulations of the invention suitable for oral administration may be in the form of capsules, cachets, pills, tablets, powders, granules, or as a solution or a suspension in an aqueous or non-aqueous liquid, or as an oil-in-water or water-in-oil liquid emulsion, or as an elixir or syrup, or as pastilles, each containing a predetermined amount of composition as described herein as an active ingredient.

A composition as described herein may also be administered as a bolus, electuary or paste. In solid dosage forms of the invention for oral administration (capsules, tablets, pills, dragees, powders, granules and the like), the active ingredient may be mixed, e.g., with one or more pharmaceutically-acceptable carriers, such as sodium citrate or dicalcium phosphate, and/or any of the following: (1) fillers or extenders, such as starches, lactose, sucrose, glucose, mannitol, and/or silicic acid; (2) binders, such as, for example, carboxymethylcellulose, alginates, gelatin, polyvinyl pyrrolidone, sucrose and/or acacia; (3) humectants, such as glycerol; (4) disintegrating agents, such as agar-agar, calcium carbonate, potato or tapioca starch, alginic acid, certain silicates, and sodium carbonate; (5) solution retarding agents, such as paraffin; (6) absorption accelerators, such as quaternary ammonium compounds; (7) wetting agents, such as, for example, cetyl alcohol and glycerol monostearate; (8) absorbents, such as kaolin and bentonite clay; (9) lubricants, such as talc, calcium stearate, magnesium stearate, solid polyethylene glycols, sodium lauryl sulfate, and mixtures thereof; and (10) coloring agents. In the case of capsules, tablets and pills, the pharmaceutical compositions may also comprise buffering agents. Solid compositions of a similar type may also be employed as fillers in soft and hard-filled gelatin capsules using such excipients as lactose or milk sugars, as well as high molecular weight polyethylene glycols and the like. Liquid dosage forms for oral administration

of the compounds of the invention include pharmaceutically acceptable emulsions, microemulsions, solutions, suspensions, syrups and elixirs. In addition to the active ingredient, the liquid dosage forms may contain inert diluents commonly used in the art, such as, for example, water or other solvents, solubilizing agents and emulsifiers, such as ethyl alcohol, isopropyl alcohol, ethyl carbonate, ethyl acetate, benzyl alcohol, benzyl benzoate, propylene glycol, 1,3-butylene glycol, oils (in particular, cottonseed, groundnut, corn, germ, olive, castor and sesame oils), glycerol, polyethylene glycols and fatty acid esters of sorbitan, and mixtures thereof.

A composition as described herein may be administered to humans and other animals for therapy by any suitable route of administration, including intravenously, orally, nasally, as by, for example, a spray, rectally, intravaginally, parenterally, intracisternally and topically, as by powders, ointments or drops, including buccally and sublingually. For example, an SSAO substrate, e.g., methylamine, may be inhaled as a vapor or administered by inhalation using a metered device. Regardless of the route of administration selected, a composition as described herein, which may be used in a suitable hydrated form, and/or the pharmaceutical compositions of the present invention, are formulated into pharmaceutically-acceptable dosage forms by conventional methods known to those of skill in the art. If desired, the effective daily dose of the active compound may be administered as two, three, four, five, six or more sub-doses administered separately at appropriate intervals throughout the day, optionally, in unit dosage forms.

While it is possible for a SSAO substrate as described herein to be administered alone, it may be administered as a pharmaceutical formulation (composition). A composition as described herein may be formulated for administration in any convenient way for use in human or

veterinary medicine, by analogy with other pharmaceuticals. A patient receiving a treatment is any animal in need or under investigation, including primates, in particular humans, and other mammals such as equines, cattle, swine and sheep; and poultry and pets in general.

5           Compositions may be made with a suitable weight of SSAO substrate. For example, a composition including an SSAO substrate may be made for use as a biologically acceptable composition, a medicament, or a reagent for research. For example, for such a use, a composition may be made having at least one mg, or between 0.1 and 10,000 mg of an SSAO substrate, including all values and ranges therebetween, e.g., 1 to 10,000 mg, 10 to 100 mg, and  
10   50 to 500 mg.

          Kits may be made having at least one SSAO substrate, e.g., in a biologically acceptable form, and instructions for use. Instructions may include uses as described herein, e.g., for blood vessel relaxation, for making a solution for blood vessel relaxation for treating in vitro blood vessels, and as a blood pressure treatment. Instructions are communications that explain a use of  
15   a content of the kits. Instruction formats include, e.g., writing, audio, electronic, web-interactive, email, label, brochure, slide, or handout. For example, a kit having an SSAO substrate may comprise a container of the substrate and a presentation made by an entity directly or indirectly selling the SSAO substrate to a user of the container of SSAO substrate by slide, speech, brochure, commercial, or website.

20           A method of using an SSAO substrate includes at least one of the steps of purifying a source of an SSAO substrate, packaging the SSAO substrate as a biologically acceptable composition, ensuring the quality of the composition, testing the composition for biological

acceptability, providing a written statement of the contents of a container of the composition, stocking the composition, ordering the composition, stocking the composition locally, distributing the composition for use, and end-use of the composition.

5

## Examples

### *Materials and Methods*

Human Subjects and Blood Vessels Consenting adult humans (age yrs, mean $\pm$ SE, all, 62.8 $\pm$ 1.8; males, 59.9 $\pm$ 2.4,  $\approx$ 77% of total; females, 71.9 $\pm$ 1.9) undergoing coronary artery bypass graft (CABG) surgery at Luther Hospital/Midelfort Clinic (Eau Claire, WI) between 2000 and 10 2003 were the source of the blood vessels (IRB#T-4028). Unused sections of left internal mammary artery (LIMA), left and right radial arteries (RA), and right saphenous vein (RSV), were placed in lactated Ringers and refrigerated (4°C) at the hospital. Vessels were retrieved between 4-16 hrs after surgery, cleaned of blood, staples, thread, and extraneous tissue, and placed in fresh physiological saline solution with glucose (PSS; pH 7.4; 4°C). All vessel 15 experiments were begun within 24 hrs of surgical removal.

Vascular Ring Physiology Human blood vessel segments used were free of overt trauma and relatively free of luminal thrombi and adventitial hematomas. The majority of vessels of each vessel type were uniform in size but there was variation and the exact location from whence each vessel segment was removed was unknown (e.g., ankle vs. knee region of RSV). The 20 segment ends were trimmed and  $\sim$ 2-3 mm segments ('rings') were cut. Rings were hung on stainless steel hooks in PSS bubbled with 20%:5% O<sub>2</sub>:CO<sub>2</sub> at 37 °C. One hook was connected to an isometric strain gauge transducer (Kent Scientific; Litchfield, CT), while the other was attached to a fixed support rod. Transducer signals were fed into a PowerLab A/D converter and

recorded on a PC using Chart software (v. 3.4.9; iWorx, Dover, NH). Aortas (rat TA) were taken from CO<sub>2</sub> euthanized 12-14 week old male Sprague-Dawley rats and approximately 1-yr old male Wistar rats, placed in cold PSS, and treated as previously reported (14).

All rings were subjected to the same four initial steps in sequence. Rings were  
 5 equilibrated to a specified tension for 30 min in the bath (1 g for RSV and rat TA or 3 g for LIMA and RA; 15). Rings were stimulated with 100 mmol/L potassium-PSS (HI K<sup>+</sup>) to test for viability. Rings were washed 3 times with PSS over 30 min, and re-equilibrated to resting tension (3XPSS). Rings were contracted with norepinephrine (NE, 1 or 10 μmol/L, Control NE) and then stimulated with acetylcholine (ACh, 1 μmol/L) to test for the presence of an  
 10 endothelial-derived relaxing factor (EDRF; nitric oxide, NO<sup>•</sup>) response before experimentation (i.e., a contraction and relaxation cycle; C/R).

Following the standard protocol, each ring was assigned one of four experimental protocols: 1) Unstimulated rings were exposed to 1 mM methylamine (10 min) or cumulative methylamine, formaldehyde, or H<sub>2</sub>O<sub>2</sub> concentration (1 μM, 10 μM, 0.1 μM, and 1 mM) followed  
 15 by a C/R cycle; 2) NE-precontracted rings were exposed to 1 mM methylamine, formaldehyde, or H<sub>2</sub>O<sub>2</sub> (10 min) or cumulative methylamine, (1 μM, 10 μM, 0.1 mM, and 1 mM) before or after ACh; 3) semicarbazide (SEMI, 1 mM, 10 min) pretreated rings were contracted with NE followed by exposure to 1 mM methylamine then ACh addition (in LIMA only due to availability); or 4) N<sup>ω</sup>-nitro- L-arginine methyl ester (L-NAME, 200 μmol/L, 20 min),  
 20 indomethacin (INDO, 100 μmol/L, 20 min), or L-NAME+INDO pretreated rings were stimulated with a C/R cycle followed by exposure to 1 mmol/LMA (in LIMA only).

After all treatments, and 3XPSS washouts, rings were precontracted with HI K<sup>+</sup> followed by exposure to ACh (1 μmol/L), and then sodium nitroprusside (SNP; 100 μmol/L). ACh and



SNP exposure assessed vessel responsiveness to endogenous and exogenous NO, respectively. To test for methylamine hyperpolarization, a subset of HI K<sup>+</sup>-precontracted rings were exposed to methylamine or H<sub>2</sub>O<sub>2</sub> (1 mmol/L; 10 min) followed by ACh and SNP addition (in LIMA only). Experimental duration was typically 4-6 hrs.

- 5 Vessel contractions were normalized as a percentage of the control NE contraction. Vessel relaxations were calculated as the percentage reduction of the agonist-induced contractions (i.e., NE or HI K<sup>+</sup>). Cumulative concentration response curves were used to interpolate the apparent effective concentration producing 50% relaxation (NE-precontracted vessels) or contraction (uncontracted and NE-precontracted vessel % responses were pooled).
- 10 Relaxation half-times (t<sub>1/2</sub> in sec) were calculated for methylamine (1 mmol/L) and ACh (1 μmol/L) relaxations in NE-precontracted LIMA and for SNP (100 μmol/L) relaxations in HI K<sup>+</sup> precontracted LIMA.

cGMP ELISA Assay; Vessels and Stimulation Protocol: To ascertain if cGMP was involved in the methylamine relaxation, we used longer segments of LIMA and RSV (0.5-1.0  
15 cm; 100-150 mg total) exposed to methylamine or SNP. The percentage relaxation and cGMP level for each vessel were quantified. Briefly, vessel segments were contracted with HI K<sup>+</sup> solution, followed by 3xPSS, and a C/R cycle (as above). Next, they were precontracted with 1 or 10 μmol/L NE and when stable exposed to methylamine (1 mmol/L) or SNP (100 μmol/L). After allowing the response to plateau (20-40 min), vessels were wrapped in aluminum foil,  
20 frozen in LN<sub>2</sub>, and stored at -80° C until analysis. Unstimulated LIMA and RSV (n= 6 patient matched) vessels were used for baseline measurement of cGMP.

Vessel segments were minced on ice and cold homogenized in 0.1 mol/L HCl (25-30 strokes; 0.1g vessel wet weight/1 ml HCl). A homogenate subsample (50 μl) was frozen for

protein analysis and remaining samples were centrifuged (14,000x g; 20 min). Supernatants were processed for cGMP analysis according to the ELISA kit manufacturer's instructions (DirectCyclic GMP Kit; Assay Designs, Inc., Ann Arbor, MI) using the acetylated and overnight incubation protocols. Protein was determined with the Bio-Rad Protein Dye Concentrate reagent (Bio-Rad, Hercules, CA) using bovine serum albumin as standard (Sigma Chem. Co., St. Louis, MO).

Semicarbazide-Sensitive Amine Oxidase (SSAO) Assay Standard assay protocols for measuring SSAO activity radiometrically using  $^{14}\text{C}$ -benzylamine-hydrochloride as substrate were followed (BZA, 1  $\mu\text{mol/L}$ ; 59  $\mu\text{Ci/mmol}$ ; Amersham Inc., Rockford, IL; 14,32). Blood vessel segments were homogenized in Sorensen's  $\text{Na}^+/\text{K}^+$ -phosphate buffered solution at a ratio of 1 g sample per 30 ml buffer using a hand-held glass homogenizer (PBS, 0.1 M, pH 7.8). The homogenate was centrifuged and 30  $\mu\text{l}$  supernatant was used in each assay. SSAO final assay volume was 245  $\mu\text{l}$  with  $^{14}\text{C}$ -BZA in PBS (1  $\mu\text{mol/L}$ ) and deprenyl in PBS (1  $\mu\text{mol/L}$ ). Following 30 min incubation at 37  $^{\circ}\text{C}$ , the assay was stopped by addition of 2mmol/L citric acid (150  $\mu\text{l}$ ). The assay volume was extracted (extraction efficiency assumed at >95% with no correction) with toluene:ethyl acetate (1:1, 1 ml), and an aliquot (100  $\mu\text{l}$ ) of the organic layer was counted (3 min) by liquid scintillation (Beta-fluor; National Diagnostics, Atlanta, GA). All samples were run in duplicate or triplicate.

SSAO activity was measured in homogenized human LIMA (mean patient age yrs, 66.1 $\pm$ 2.0, n=27), RA (58.1 $\pm$ 2.5, n=12), and RSV (66.4 $\pm$ 0.6, n=5) with and without semicarbazide (SEMI, 1, 10, 100 or 1,000  $\mu\text{mol/L}$ , 20 min preincubation) at 37  $^{\circ}\text{C}$ . Protein was determined with the Bio-Rad Protein Dye Concentrate reagent (Bio-Rad, Hercules, CA) using bovine serum albumin in saline as standard (Sigma Chem. Co., St. Louis, MO). SSAO activity

was calculated as the nmoles BZA substrate metabolized per 30 min per mg protein. SEMI inhibition was calculated as a percentage of the control SSAO activity (i.e., without SEMI = 100%).

Chemicals and Solutions PSS was composed of the following in mmol/L: NaCl, 130;

5 KCl, 4.7; MgSO<sub>4</sub>·7H<sub>2</sub>O, 1.17; KH<sub>2</sub>PO<sub>4</sub>, 1.18; NaHCO<sub>3</sub>, 14.9; CaCl<sub>2</sub>, 2.0; glucose, 5.0; pH 7.4.

HI K<sup>+</sup> PSS was composed of the following in mmol/L: NaCl, 34.7; KCl, 100; MgSO<sub>4</sub>·7H<sub>2</sub>O, 1.17; KH<sub>2</sub>PO<sub>4</sub>, 1.18; NaHCO<sub>3</sub>, 14.9; CaCl<sub>2</sub>, 2.0; glucose, 5.0; pH 7.4. All other chemicals were purchased from Sigma Chemical Co. (St. Louis, MO) and dissolved in distilled water, except indomethacin which was dissolved in 0.1mol/LNaHCO<sub>3</sub> in 0.1 N NaOH.

10 Statistics Values are reported as means ± standard error of the mean (SE). Statistical comparisons between two groups were performed with Students paired or unpaired t-tests and between more than two groups using One-way ANOVA with post-test comparisons using the Student-Newman-Keuls test (SigmaStat, SPSS, Inc., Chicago, IL). Statistical significance was assumed at P≤0.05.

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*SSAO Substrate and Metabolite Effects in Isolated Human Blood Vessels*

This Example includes data showing that SSAO substrates can mediate blood vessel relaxation. Methylamine (1 mM) exposure in NE-precontracted vessels produced a biphasic response, i.e., initial contraction (+) followed by prolonged relaxation (-), in RA and RSV and  
20 predominately a strong relaxation in LIMA (4 of 30 LIMA were weakly contracted; Fig. 1A). Methylamine-induced contractions in RA and RSV were significantly greater than in LIMA, while methylamine-induced relaxations were significantly greater in LIMA and RA than in RSV (Fig. 1A, Table 1).

Unlike human vessel responses to 1 mmol/L methylamine, NE-precontracted rat TA were minimally affected by methylamine and these responses appeared further blunted in TA of older rats. In contrast, vigorous biphasic responses to 1 mmol/L H<sub>2</sub>O<sub>2</sub> were present in both young and old rat TA alike and were similar to the 1 mmol/L H<sub>2</sub>O<sub>2</sub>-induced responses in human LIMA (Table 1). Formaldehyde (1 mmol/L; 10 min) produced either minimal contraction or relatively strong relaxation while no biphasic responses were observed in any blood vessel tested (Table 1). Formaldehyde-induced relaxations were slow in onset, prolonged in duration, and overt toxicity was seen in only 2 of 18 rat TA and in none of the 6 human vessels exposed i.e., toxicity is the near complete loss of a tension response to HI K<sup>+</sup> after 3xPSS washout following the formaldehyde exposure.

Vessel sensitivities to methylamine, formaldehyde, or H<sub>2</sub>O<sub>2</sub> were comparable between toxicants and between vessels (Fig. 1C; Table 2). The RA were significantly more sensitive to methylamine -induced contraction than to methylamine-induced relaxation whereas LIMA were more sensitive to H<sub>2</sub>O<sub>2</sub>-induced relaxation when compared to RSV (Table 2). Similarly, RSV were more sensitive to methylamine-induced relaxation than to H<sub>2</sub>O<sub>2</sub>-induced relaxation (i.e., Fig. 1BC; Table 2). Of the 6 human vessels tested (3 LIMA and 3 RSV), no vessel responded to formaldehyde at less than 1 mmol/L (note the same apparent EC<sub>50</sub> values for all formaldehyde-induced responses; Table 2).

#### *SSAO Substrate Mediated Relaxation in Isolated Human Blood Vessels: Toxicity and Repeatability*

This Example includes data showing that SSAO induced relaxation is repeatable, reversible, and had no long-term inhibitory or toxic effects. Because the methylamine-induced

relaxation expressed in all three vessels was especially prevalent in the LIMA, and because LIMA were the most frequently received blood vessel, methylamine relaxation was further studied in LIMA. Methylamine (MA) exposure (1 mmol/L; 10 min) inhibited or reduced NE contractions equally in unstimulated or NE-precontracted LIMA (mean $\pm$ SE % reduction of NE-contraction: methylamine pre-NE, 53 $\pm$ 7; methylamine post-NE, 61 $\pm$ 5, n=5, 9 vessels, respectively; Fig. 2). The methylamine-induced relaxation in NE-precontracted LIMA was repeatable, reversible, and non-toxic. In NE-precontracted LIMA, a second methylamine relaxation was indistinguishable from the first, and a third methylamine relaxation also was elicited (mean $\pm$ SE % relaxation: 1st relaxation, 72.0 $\pm$ 7.5; 2nd relaxation = 60.8 $\pm$ 12.6; 3rd relaxation = 82.1; n=5,5,1 vessels, respectively). Methylamine exposure had no observable long-lasting inhibitory or toxic effects in any vessel.

*Semicarbazide Pretreatment Inhibited SSAO substrate mediated Relaxation in Isolated Human Blood Vessels*

This Example includes data showing that vascular SSAO mediated relaxation caused by the introduction of SSAO substrates to blood vessels. The methylamine-induced relaxation in LIMA appeared dependent on vascular SSAO activity because semicarbazide pretreatment (1 mmol/L, 15 min) significantly reduced the methylamine-induced relaxation but had no effect on NE-induced contraction or ACh-induced relaxation (Figs. 3A & 3B). Also, methylamine-induced relaxations in NE-precontracted LIMA were slowly reversed within 10 min of addition of 1mmol/L semicarbazide (mean % reversal = 63.0 $\pm$ 15.8, n=2). Moreover, semicarbazide pretreatment appeared specific because the final vessel responses to HI K<sup>+</sup>, ACh, and SNP were not statistically different between paired LIMA vessels exposed to methylamine alone or

semicarbazide plus methylamine (Table 3). Similarly, semicarbazide pretreatment (1 mmol/L, 15 min) completely blocked methylamine responses in RSV without effect on subsequent reactivity (data not shown; n=2).

Table 1. The relaxation (R) or contraction (C) responses in NE-precontracted (1  $\mu$ M) isolated human blood vessels, left internal mammary artery (LIMA) and right saphenous vein (RSV), and rat thoracic aorta [TA; 18-20 week old Sprague-Dawley (Young SD) and 1-yr old Wistar (Old W)] rats following 10 min exposure to 1 mmol/L methylamine, formaldehyde, or hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>).

% Response	methylamine	Formaldehyde	H <sub>2</sub> O <sub>2</sub>
LIMA			
C	0.6±0.3 (30)	3.7±3.7 (3)	15.8±5.3 (9)*
R	55.4±3.9 (30)	37.3±18.6 (3)	55.6±9.0 (9)
RSV			
C	17.4±3.8 (21)	2.6±2.6 (3)	25.4±5.6 (8)
R	20.6±4.3 (21)	31.7±15.9 (3)	6.5±3.2 (8)
RAT			
Young SD			
Thoracic Aorta			
C	12.5±7.2 (4)	2.1±2.1 (4)	41.2±11.5 (4)*
R	8.3±8.3 (4)	37.5±21.6 (4)	50.8±18.2 (4)
Old W			
C	3.0±3.0 (3)	2.6±1.8 (5)	13.6±3.1 (6)*
R	2.4±2.4 (3)*	37.5±16.2 (5)	56.6±6.3 (6)*

Values are means±SE in percentage change of NE-precontraction (1  $\mu$ mol/L) tension. (n) = number of vessels. \* = significant difference between value with asterisk and other toxicant

values for same vessel and same response or significant difference only between values with asterisks for same vessel ( $P < 0.05$ ).

Table 2. The apparent effective concentrations producing 50% relaxation (R) or contraction (C) response ( $EC_{50}$ ) in isolated human blood vessels, left internal mammary artery (LIMA), radial artery (RA), and right saphenous vein (RSV), and rat thoracic aorta (TA) to cumulative concentrations of methylamine, formaldehyde, and hydrogen peroxide ( $H_2O_2$ ; 1-1000  $\mu M$ ).

Apparent $EC_{50}$	methylamine	Formaldehyde	$H_2O_2$
LIMA			
C	not observed	315 (1)	175±58 (5)
R	230±30 (8)	315±0 (2)	162±41 (9)
RA			
C	65±48 (3)	ND	ND
R	280±40 (3)	ND	ND
RSV			
C	200±52 (6)	315 (1)	220±38 (8)
R	230±28 (5)*	315±0 (2)	315±0 (4)*

Values are means±SE in  $\mu mol/L$  interpolated from cumulative response curves of uncontracted and NE-precontracted blood vessels. Uncontracted vessel experimental data were not observably different from sensitivity data of contraction in NE-precontracted vessels and thus were pooled (where performed). (n) = number of vessels. ND = not determined. \* = significant difference between values with asterisks for same vessel ( $P < 0.05$ ).

Table 3. Vascular responses were intact following methylamine exposure (methylamine, 1 mM, 10 min) or methylamine plus sernicarbazide exposure (SEMI+, 1 mM, 15 min) in isolated human left internal mammary artery (LIMA, n=7).

5

	methylamine alone	SEMI+methylamine
HI K <sup>+</sup>	102±23	127±24
ACh	20±11	16±7
SNP	90±11	83±11

High potassium contractions (HI K<sup>+</sup>, 100 mM), acetylcholine relaxations (ACh, 1 μM), and sodium nitroprusside relaxations (SNP, 100 μM) were performed in LIMA following prior exposure to methylamine or methylamine +SEMI and three bath changes with PSS. HI K<sup>+</sup> contractions were calculated as a percentage of the control norepinephrine contraction; ACh and SNP relaxations were calculated as a percentage reduction in the HI K<sup>+</sup> contraction. Values = means±SE. n= number of vessels.

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Table 4. Vascular relaxations (%) and cGMP levels (pmol/mg protein) following methylamine (MA, 1 mmol/L, 30-40 min) or sodium nitroprusside (SNP, 100 μmol/L; 30-40 min) exposure in NE-precontracted human left internal mammary artery (LIMA), radial artery (RA), and right saphenous vein (RSV).



	% Relaxation	[cGMP], pmol/mg
LIMA		
Control (5)	--	0.128±0.034
5 +MA, <50% relaxation (3)	34.1±7.1	0.067±0.029
+MA, >50% relaxation (6)	87.8±5.0	0.227±0.066
RSV		
Control (5)	--	0.118±0.028
+MA (5)	57.2±6.2	0.109±0.030
10 +SNP (6)	100±0	0.322±0.065*

Values = means±SE. Relaxations were calculated as a percentage reduction in the NE-precontraction tension. (n) = number of vessels. -- indicates Control vessels were 5 matched sets of LIMA and RSV that were not subjected to NE-precontraction. \* indicates significantly greater cGMP level compared to control and methylamine-exposed RSV (P<0.05).

*The Role of Nitric Oxide, Prostanoids, and the Endothelium in the SSAO Substrate mediated Relaxation in LIMA*

This Example includes data showing that SSAO substrate induced relaxation can be distinguished from relaxation mediated by other mechanisms. The role of nitric oxide (NO) in the methylamine -induced relaxation in isolated human LIMA was investigated using ACh-induced relaxation as a marker. ACh-induced relaxations were most often present in the LIMA compared to RA or RSV (ACh addition usually produced small contraction in RSV; data not shown). The percentage methylamine-induced relaxation was vessel-specific and in general was associated with the ACh response, i.e., LIMA had the strongest ACh and methylamine

relaxations, RSV had the strongest methylamine contractions and the weakest ACh and methylamine relaxations, and RA produced both strong methylamine contractions (= to RSV) and strong ACh and methylamine relaxations (= to LIMA; see Fig. 1A).

Despite the general positive association between ACh-induced relaxation and methylamine-induced relaxation observed across vessels, these two responses were not correlated within LIMA. In LIMA, the methylamine relaxation, on average, was >2 times stronger than the ACh-induced relaxation regardless of the order of addition (i.e., mean±SE in %; ACh added before or after MA; pre-MA ACh, 25±6; post-MA ACh, 14±6; n=21,20 vessels, respectively). More specifically, the percentage MA relaxation was not correlated with the percentage ACh relaxation or with patient age (a variable that was significantly correlated with the percentage ACh relaxation in LIMA; Fig. 4A). L-NAME pretreatment (200 µmol/L; 20 min) in a subset of LIMA rings possessing a relatively strong ACh relaxation significantly inhibited the ACh-induced relaxation but had no effect on MA-induced relaxation (Fig. 4C). In addition, neither INDO alone (100 µmol/L; 20 min) nor L-NAME+INDO pretreatment affected the MA-induced relaxation in NE-precontracted LIMA (Fig. 4C). Furthermore, the mean relaxation half time ( $t_{1/2}$ ) for methylamine-induced relaxation was significantly longer in duration than the  $t_{1/2}$  for either ACh-induced relaxation in NE-precontracted LIMA or the SNP-induced relaxation in HI K<sup>+</sup>-precontracted LIMA (mean±SE in sec: MA, 139.9±35.8; ACh, 64.2±7.34; SNP, 78.3±6.6; n=9,9,8 vessels, respectively).

The role of hyperpolarization and H<sub>2</sub>O<sub>2</sub> in relaxation was also investigated. Methylamine, formaldehyde, or H<sub>2</sub>O<sub>2</sub> exposure (1 mmol/L; 10 min) in HI K<sup>+</sup>-precontracted LIMA typically resulted in small, sustained contractions (e.g., methylamine-treated: 6 of 9 responses were relatively small contractions, <10% increase in tension; H<sub>2</sub>O<sub>2</sub>-treated: 5 of 6

responses were <25% increase in tension).  $\text{H}_2\text{O}_2$  produced significantly greater contractions than methylamine but not formaldehyde due to a few relatively large methylamine-stimulated relaxations (i.e., in 3 of 9 LIMA) while no relaxations were observed in any of the formaldehyde- or  $\text{H}_2\text{O}_2$ -exposed LIMA (mean $\pm$ SE as % of HI  $\text{K}^+$  tension: MA,  $1.7\pm 3.9$ , n=9; formaldehyde,  $12.9\pm 2.4$ , n=3;  $\text{H}_2\text{O}_2$ ,  $21.1\pm 7.7$ , n=9,3,6 vessels, respectively). Notably, 2 of the 3 methylamine relaxations, including the two strongest, were in LIMA from females. The subsequent relaxations of the HI  $\text{K}^+$ -precontracted LIMA produced by ACh and SNP, respectively, were not significantly different between the methylamine -, formaldehyde-, and the  $\text{H}_2\text{O}_2$ -treated vessels (data not shown).

Role of cGMP in methylamine-induced Relaxation in Human LIMA. Since most vascular relaxations depend on cGMP production in vascular smooth muscle cells, the role of cGMP in methylamine-induced relaxation was investigated in LIMA and RSV. SNP (100  $\mu\text{mol/L}$ ) stimulated a statistically significant, 3-fold increase in cGMP levels (pmol/mg protein) in NE-precontracted RSV and the cGMP level was also increased in SNP-stimulated LIMA (% relaxation: 100; cGMP, 1.520; n=1) but not in RA (% relaxation: 73.9; cGMP, 0.099; n=1) (Table 4). However, 1 mmol/L methylamine exposure failed to significantly elevate cGMP in either NE-precontracted LIMA or RSV despite producing significant, long-lasting relaxations (Table 4). A strong positive correlation was observed in LIMA between the methylamine-induced % relaxation and the %B/ $\text{Bo}$  value (i.e., used to interpolate cGMP levels;  $r^2 = 0.70$ , n=9) but a weaker relationship was present when the pmol cGMP levels were normalized to protein levels ( $r^2 = 0.48$ , n=9; data not shown).

*Human Blood Vessel SSAO Activity, Patient Age, and SSAO Inhibition*

This Example includes data showing that SSAO substrates are expected to be effective for all patients regardless of age. Surprisingly, mean SSAO activity was similar among all three types of human blood vessels (Fig. 5A). For the age range examined, SSAO activity was not correlated with patient age for any vessel (Fig. 5B), but was significantly correlated between patient-matched LIMA and RSV ( $r^2 = 0.76$ ,  $p=0.054$ ;  $n=5$  vessels; data not shown), and similarly inhibited by semicarbazide (1, 10, 100, and 1,000  $\mu\text{mol/L}$ ) in all three blood vessel types (Fig. 5C;  $\text{IC}_{50}$ s in  $\mu\text{mol/L}$ : LIMA,  $16.7 \pm 19.5$ ; RA,  $21.2 \pm 11.2$ ; RSV,  $14.7 \pm 13.3$ ;  $n=25,10,5$  vessels, respectively).

*SSAO Substrates for Blood Pressure Reduction* Conventional wisdom indicates that chronic methylamine (MA) exposure induces vascular injury and promotes vascular disease, including atherosclerosis, in humans *via* semicarbazide-sensitive amine oxidase-mediated (SSAO) metabolism of methylamine to injurious metabolites: formaldehyde, hydrogen peroxide ( $\text{H}_2\text{O}_2$ ), and ammonia ( $\text{NH}_3$ ). But data reported herein show that methylamine induces long-lasting benign relaxation in isolated human blood vessels, and indicate that methylamine will be an effective vasorelaxant and/or hypotensive therapeutic compound. As discussed herein, data from an accidental human exposure to pure methylamine show that toxicological exposure to methylamine is lethal at high concentrations, but some of the cardiovascular symptoms presented following exposure support a pressure lowering mechanism of action. For example, low blood pressure and undetectable pulse were accompanied by tachycardia, high heart rate  $>100$  bpm). Additionally, many patients presented with light to deep coma. Collectively these data suggest a potent systemic hypotension that reduced cerebral blood flow.

The direct effects of methylamine or other SSAO substrate exposure in the intact rodent or human cardiovascular system have not been measured. The performance of a suitable experiment, however, will provide additional evidence that SSAO substrates are effective for reducing blood pressure and/or treating hypotension. A suitable experiment is the administration of an SSAO substrate to an animal model, e.g., a rodent. Optimum dosages and routes of administration may be determined. Rodents are good models for determining the effects of methylamine because, like other mammals, they possess high levels of SSAO activity concentrated in the blood vessels (32). Also, rodents are less expensive and easier to maintain in the laboratory than larger mammals (e.g., primates, bovine, canine). More importantly, research has established that inhibition of SSAO leads to transient increases in methylamine excretion and blood pressure in rats (Conklin et al., unpublished; (34); Kumar et al., 1989). In addition, several transgenic and gene knockout mice are being used to probe the physiological/pathological role of cardiovascular SSAO activity. These mice could be useful for further development of this and related technologies.

Provided herein is an embodiment of such an experiment:

A. Route of Administration: Animals would be oral gavage fed methylamine in water. Controls would get water gavage.

B. Dosage: Two doses, one low [1 mg/kg body weight] and one high [100 mg/kg body weight], would be used. A low dose would be given on Day 1 and if no adverse effects are observed, the high dose would be given on Day 2. If a strong cardiovascular response is observed following low dose, then the dosage would be reduced for Day 2.

C. Variables Monitored: Cardiovascular variables (i.e., heart rate in bpm; systolic, mean, and diastolic blood pressure in mmHg) would be measured via a non-invasive blood

pressure machine using the tail cuff method and a photoelectric sensor (NIBP; IITC, Inc., Woodland Hills, CA).

D. Data Collection: Signals from the NIBP will be recorded on a PC using IITC software at 5, 10, 20, 30, 60, 120, 300, and 1440 min following dosing.

5 The outcome of this experiment would be that a therapeutic dose of methylamine would stimulate systemic vasorelaxation and decrease mean arterial blood pressure. The onset may be fairly rapid (5-30 minutes to peak effect) but may be quite prolonged (hrs). The magnitude and duration of effects would likely be dose dependent. These effects may stimulate reflex tachycardia at some doses. Mortality is unlikely at these doses, although possible. The  
10 pretreatment of rats with the SSAO inhibitor, semicarbazide, would be expected to block all cardiovascular effects of methylamine. Other SSAO substrates and other compounds similar to methylamine, and compounds as described herein, are expected to have similar effects. Experimentation to optimize doses and routes of administration may be performed as needed.

#### 15 *Additional Aspects of the Examples*

Without being bound to a particular hypothesized mechanism of action, it is clear that methylamine effects in isolated human blood vessels are dependent on vascular SSAO activity. Data from several experiments support this conclusion. The pretreatment of isolated LIMA with semicarbazide (1 mM; > 15 min before addition of methylamine) led to significant inhibition of  
20 methylamine responses. The inhibition was specific for SSAO activity, since semicarbazide pretreatment had no effects by itself and no effect on subsequent NE or HI K<sup>+</sup> contractions or

ACh relaxations. Moreover, semicarbazide pretreatment and post-treatment inhibition of methylamine relaxation in LIMA precludes a non-specific mechanism of action for methylamine (e.g., methylamine does not directly block adrenergic receptors; 31).

These data show, for the first time, that three human blood vessels used as coronary artery bypass graft vessels possess similar levels of relatively abundant, age-independent (age range = 45-81yrs) amine oxidase activity that is inhibited by semicarbazide in a concentration-dependent manner. These results are consistent with measurements made in other circumstances (14, 37; note that inhibition in human saphenous vein herein appears more sensitive;  $IC_{50} = 500$  vs  $14.7 \mu\text{mol/L}$ ; see 37, present study, respectively). Recently, similarly abundant SSAO activity was found in homogenized human coronary arteries of accident victims aged 7-71 yrs (14). Human aortic SSAO activity is approx. 10-times more concentrated than in human coronary arteries, LIMA, RA, RSV, and other human blood vessels but is also age-independent (23, 32). Similarly, the age of rats (12-14 weeks vs. 52 weeks) has little effect on thoracic aorta responses to methylamine exposure in our present study. Thus, age and perhaps atherosclerosis (23) appear to have little effect on SSAO expression in the blood vessel wall.

Dependence on SSAO activity is a hallmark of allylamine cardiovascular toxicity in vivo, in isolated blood vessels, and in cultured cardiovascular cells (2, 7, 50). The cellular toxicity of methylamine, in contrast, has a more complicated history since methylamine toxicity is orders of magnitude less toxic than allylamine in cultured cardiovascular cells (13, 30, 50). While allylamine and methylamine are relatively similar substrates for homogenized rat aortic SSAO activity ( $K_m$ s =  $145.2$  and  $246.7 \mu\text{mol/L}$ , respectively; 47), human blood vessels have strikingly different  $K_m$ s for methylamine (e.g., cerebral microvessels,  $22 \mu\text{M}$ , 11; umbilical artery,  $832 \mu\text{M}$ , see 33 for review). While the disparity in toxicity between these two amines is

likely due to the metabolism of allylamine to acrolein and methylamine to the less toxic formaldehyde, it is likely that affinity and catalytic rates and, thus, specificity of various SSAOs for different amines vary dramatically from site to site (11, 33, 53). This has important implications for understanding the potential contribution of methylamine to differential cardiovascular pathology in humans (e.g., atherosclerosis, retinopathy, nephropathy, coronary artery disease; 53).

Without being bound to a particular theory of operation, it seems that SSAO mediates vasorelaxation by contributing to formation of  $H_2O_2$  and formaldehyde. Since methylamine's effects in LIMA and RSV appear dependent on SSAO activity, it follows that methylamine's effects are likely due to one or more of methylamine's metabolites: formaldehyde,  $H_2O_2$ , and  $NH_3$ . The methylamine responses in LIMA and RSV are similar, qualitatively and quantitatively, to both formaldehyde- and  $H_2O_2$ -induced responses. For example,  $H_2O_2$  (1 mmol/L) pretreatment inhibits subsequent NE contractions in rabbit aorta, while in precontracted vessels  $H_2O_2$  induces contractions, relaxations, or biphasic responses dependent on the blood vessel type (25, 28, 40). More specifically,  $H_2O_2$ -induces biphasic responses in rat thoracic aorta and human RA and RSV are similar in appearance to our methylamine responses in isolated RA and RSV (28; present study). In the arteries, however, weak contractions are similar for methylamine and formaldehyde exposures whereas  $H_2O_2$  is much more efficacious. Notably, vasospasm occurs more often in the human RA and the RSV compared with the LIMA, and our general reactivity findings are consistent with these data (10, 24). Additionally, methylamine, formaldehyde, and  $H_2O_2$  effects generally are reversible at 1mmol/L in rabbit aorta, rat thoracic



aorta, and human blood vessels (25, 28, 40, present study). Finally, the apparent  $EC_{50}$ s for methylamine, formaldehyde, and  $H_2O_2$  in all three human vessels are very similar (approximate range = 200-300  $\mu$ mol/L).

Methylamine-, formaldehyde-, and  $H_2O_2$ -induced relaxation in LIMA may be dependent  
 5 on vascular smooth muscle cell (VSMC) membrane hyperpolarization *via* activation of  $K^+$   
 channels since HI  $K^+$ -precontraction decreases their ability to stimulate relaxation.  
 Hyperpolarization is used in  $H_2O_2$ -induced relaxation of rat aorta and porcine coronary artery (4,  
 28), and  $K^+$  channels may act as redox sensitive targets for  $H_2O_2$  as proposed in the mechanism  
 of hypoxic pulmonary vasoconstriction and hypoxia-induced vasodilation (see 1 for review).  
 10 Moreover,  $H_2O_2$  is considered an endothelial-derived hyperpolarizing factor (EDHF) in human  
 mesenteric arteries but not in the carbachol-induced relaxation in human RA (21, 36). In  
 addition, the relaxation (and generally low toxicity) observed with 1 mmol/L formaldehyde in  
 human blood vessels, although surprising, is consistent with reports that formaldehyde (660  
 $\mu$ mol/L) relaxes NE-precontracted but not 25 mmol/L KCl-depolarized rabbit aorta by inhibition  
 15 of  $Ca^{++}$  influx and NE inactivation *in vitro* (42).

Without being bound to a particular hypothesis, and regardless of which specific  
 metabolite is involved, methylamine-induced relaxation appears independent of endothelial NO  
 or prostanoid release in human LIMA. This conclusion is supported by the observation that  
 inhibition of endothelial nitric oxide synthase activity with L-NAME significantly reduced the  
 20 ACh relaxation but had no effect on the methylamine relaxation. Yet, if the endothelium were to  
 be involved, it could perhaps be releasing an EDHF in response to methylamine metabolites.  
 Hamilton et al., (2001) propose that blood vessels with reduced EDRF capacity compensate with  
 enhanced EDHF production. Since no inverse relationship is observed, however, between ACh

and methylamine relaxations in LIMAs from patients with significantly reduced EDRF, the more likely role of formaldehyde or  $H_2O_2$  generated at the VSMC plasma membrane (i.e., the location of SSAO; 44) is that of autocrine and/or paracrine factor(s).

Without being bound to a particular hypothesis, it is unclear whether methylamine-  
5 induced relaxations are dependent on increased cGMP. While the methylamine-induced relaxation in RSV appears cGMP-independent, there is a weak positive association between cGMP levels and the % relaxation to methylamine in the LIMA. However, even though many relaxations are mediated by cGMP, it is possible that formation of formaldehyde and/or  $H_2O_2$  at the VSMC plasma membrane directly relax(es) vessels by activation of  $K^+$  channels, thiol  
10 oxidation, inhibition of  $Ca^{++}$  influx, adrenergic inactivation, or some combination of mechanisms.

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